

SEQUENCING IMPRINTS AND WHAT TO DO ABOUT THEM

A Zoom Workshop with Tara Blasco, Ph.D., RCST and Mary Jackson LM, RN, RCST.

4-day workshop open to all, July 7, 8, 10,11, 2021 (break on July 9)

Timing: 10 am-12 pm, 1-3 pm Pacific Daylight Savings Time (break approx 12-1 pm)

- Price: 4 days workshop: \$495
- Non-refundable registration deposit to hold your space: \$145 (that will be deducted from the total price), balance due by 5/31. Or you may pay in full at registration
- Limited to 50 people

To register, please contact Cindy Barnum: Cindy.castellinotraining@gmail.com



Have you ever been in the middle of a project and lost your motivation to finish it? Or have you had an assignment at school and procrastinated until the last minute to rush through the task to get it turned in on time? Or, are you challenged to get started at the beginning of an event or a project? Or, are you chronically early or late? Or, have you and your significant other disoriented or were triggered emotionally at the same time in ways that ended in an

argument?

These are just a few examples of sequencing imprints, which affect every one of us every day of our lives.

In this workshop. Dr. Blasco and Midwife Mary Jackson will guide us through a series of exercises that will inform us not just about how sequencing imprints affect us, they will demonstrate how to effectively work with them so that we can have more viable choices in our lives rather than to repeat the same patterns over and over again.

This workshop will include:

- Definitions of blueprint energies, imprints and sequencing imprints.
- How to identify Sequencing Imprints.
- How Birth influences Sequencing Imprints.
- An introduction to the Somatic Blueprint as the primary resource for integrating energy that is locked up in adverse pre and peri-natal imprints.
- How to reference Somatic Blueprint energies to integrate energy that is constricted in imprints.
- Session video that shows sequencing imprints.
- How sequencing imprints affects interpersonal relationship dynamics.
- How to establish co-regulated states that open the social nervous system and social energetic fields.

- The Sequencing Workshop is designed for professionals and non-professionals alike, who are wanting to know more about how pre and peri-natal experiences profoundly influence how we feel about ourselves, how we perceive others and how we behave. It will count as an introductory workshop for those applying for the next **Spain (not US)** Castellino Foundation Training starting in 2023. [The US FT requires a womb surround before application].



Tara Blasco, Ph.D., RCST

Tara has a Ph.D in prenatal and perinatal psychology from the Santa Barbara Graduate Institute, and worked at the BEBA clinic with Ray Castellino 2001-2020. Currently she is the Director of BEBA and works as a facilitator at the Ojai BEBA clinic and in sessions online. She is a Registered Craniosacral Therapist. She is a psychologist in her country of origin, Spain. She is a Womb Surround facilitator through Castellino Training. She co-teaches Dr. Castellino's

Foundation Training in Spain and in the US. She currently offers Womb Surrounds, classes and private sessions on zoom. With her husband Lyn, she co-directs the non-profit organization Global Resource Alliance dedicated to the alleviation of poverty and disease by supporting communities in the Mara region of Tanzania.



Mary Jackson, RN, LM, RCST

Mary Jackson has been married since 1987, is the mother of 2 children who were born at home, and has been featured in 11 books and 5 movies. Mary practiced as a home birth midwife from 1975 to 2019, attending over 2500 births in the Santa Barbara, Ventura and Ojai areas of CA including her second generation of babies. In the first year after incorporating these pre and perinatal approaches into her midwifery practice, her home to

hospital transfer rate dropped from 20% to 6%.

She is a certified Castellino Womb Surround Facilitator and co-teaches the Castellino Pre and Perinatal Training. She is a Registered Craniosacral Therapist. Mary is participating in cutting edge research about imprints that occur

around the time of conception, pregnancy and birth and how they affect us throughout the rest of our lives and what it takes to heal from challenges in these experiences. in Europe and the US. She is a frequent speaker at national and international conferences and leads trainings throughout the world. She currently offers private sessions, womb surrounds and classes via zoom.